

Prodalp

bergrestaurant

central & international



your host
Marcia Galvao & team

FLUMSER
BERG 



Hello and welcome at the mountain restaurant Prodalp

We heartily welcome you and wish you a wonderful stay.

Marcia Galvao with the Prodalp team

Opening hours:

Daily: 08.00 – 16.30 o'clock

Warm kitchen: 11.00 -15.00 o'clock

Cold kitchen: 08.00 -16.30 o'clock

Pizza: 11.00 – 16.00 o'clock

www.prodalp.ch

info@prodalp.ch

Our producers

We are looking for producers who, like us, put their heart and soul into their products.

We buy regionally! Here is a small selection of our partners:

Fruits, vegetables and frozen products	Ecco-Jäger AG, Bad Ragaz
Alp cheese, cheese mix, yoghurt	Alpkäserei Flumserberg
Meat	RU-Fleisch AG, Flums Mérat AG, Landquart Traitafina, Lenzburg
Frozen baked goods with flour from	Romers Hausbäckerei, Benken Grüninger Mühle, Flums
Drinks and beer	Schützengarten-Getränke Wildhaber, Flums
Wine	Salis AG, Landquart Felix und Eugen Bärtsch, Mels

Declarations

Pork	Switzerland
Beef	Switzerland
Veal	Switzerland
Chicken	Switzerland/Brazil
Sausages	Switzerland

Equipment partner:



 vegetarian

 vegan

Please inform us about any intolerances and allergies.

We are pleased to give you detailed information about possible allergens in the individual dishes.

All prices are in CHF including statutory VAT.

Self-service restaurant winter 2023/24

Starters

 Homemade barley soup	CHF	8.50
Homemade goulash soup	CHF	9.50
Salad from the buffet (per 100g)	CHF	3.40

Menu of the day

Small salad of the day with main course	CHF	19.00
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Vegetarian

Cheese Rösti	CHF	22.50
Hash brown topped with sauteed vegetables and mountain cheese (Alpkäserei Flumserberg)		
Cheese macaroni	CHF	20.50
with cheese mix from the Alpkäserei Flumserberg, fried onions and applesauce		
Spaghetti Napoli	CHF	17.00
Vegetable garnish	CHF	3.50
Applesauce	CHF	3.50

Vegan

Vegan Burger Green Mountain (120g Patty)	CHF	24.50
Vegan Rösti	CHF	20.50
Hash brown with vegetables		
French fries	CHF	9.00

Meat

Spaghetti Bolognese	CHF	19.50
Spaghetti Carbonara	CHF	19.50
Spicy veal sausage Metzgerei Ru Flums (160g) with french fries and onion sauce	CHF	20.50
St. Galler veal bratwurst Metzgerei Ru Flums (150g)	CHF	19.50
Thai curry with chicken and basmati rice	CHF	22.00
Breaded pork escalope (180g) with french fries	CHF	24.00
Prodalp Burger (200g Patty, 100% beef) with lettuce, tomato, cucumber, fried onions, bacon, ketchup, mayonnaise and french fries	CHF	27.00

Children

 Spaghetti Napoli	CHF	14.00
Spaghetti Bolognese	CHF	16.00
Spaghetti Carbonara	CHF	16.00
Breaded pork escalope (90g) with french fries	CHF	18.00
Chicken nuggets (6 stk.) with french fries	CHF	18.00

Pizzas

large/small



Margherita

with tomato sauce, mozzarella, oregano

CHF 16.00/11.00

Salami

with tomato sauce, mozzarella, salami, oregano

CHF 19.00/15.00

Prosciutto & Funghi

with tomato sauce, mozzarella, ham, mushrooms, oregano

CHF 20.00/16.00

Diavola

with tomato sauce, mozzarella, spicy salami, olives, pepperoncini, oregano

CHF 24.00/20.00

Tonno

with tomato sauce, mozzarella, tuna, onions, oregano

CHF 23.00/19.00

Heidi

with tomato sauce, mozzarella, onions, bacon,
cheese from the Alpkäserei Flumserberg, oregano

CHF 24.00/20.00



Garden

with tomato sauce, mozzarella, vegetables, fresh basil, oregano

CHF 22.00/18.00

Desserts

large/small

Homemade apple strudel / with vanilla sauce

CHF 8.00/10.00

Kaiserschmarrn with applesauce

cut up and sugared pancake

CHF 12.00

Various cakes from Romer's in-house bakery

CHF 6.50

Fresh fruit salad

CHF 6.00

Convince yourself from our delicacies.